



TIPS to Keep the Cheer Going While on the Road this Holiday Season

Most truckers go into the holiday season with some level of anxiety. This anxiety is brought on by many different things however, mostly by time spent away from home for long periods of time. Below are a few holiday tips we have put together for truckers which we have gathered from various drivers we have had the pleasure to encounter.



Tip #1 – Avoid Stretching Yourself Thin

The holiday season brings many opportunities for overtime and with that extra cash for the new year. A little extra overtime can be great for some extra cash, however, avoid overworking to the point of exhaustion. A very important point to remember is that the one thing your family wants the

most during the holiday season is your safety so, above all remember to drive safe.

Tip #2 – The Internet is a Great Tool – Use It

The internet is a great tool to stay in touch and on top of your holiday tasks. You can talk or video chat with family and friends while on the road. It can be fun to send your kids or family a daily email or video with a holiday message. The internet is also a great tool to eliminate the stress of holiday shopping by completing all your holiday shopping online while you are away. You can shop at stops because of course not while driving. Presents can then be shipped directly to the recipient in time for the holiday.



Tip #3 – Positivity is Your Best Friend

You can truly enjoy this holiday season if you simply focus on the positive. You may be surprised how positivity can brighten up even some of the worst situations. Simply focus on the positive and blessings in life and this will help you keep a cheerful spirit during this holiday season.